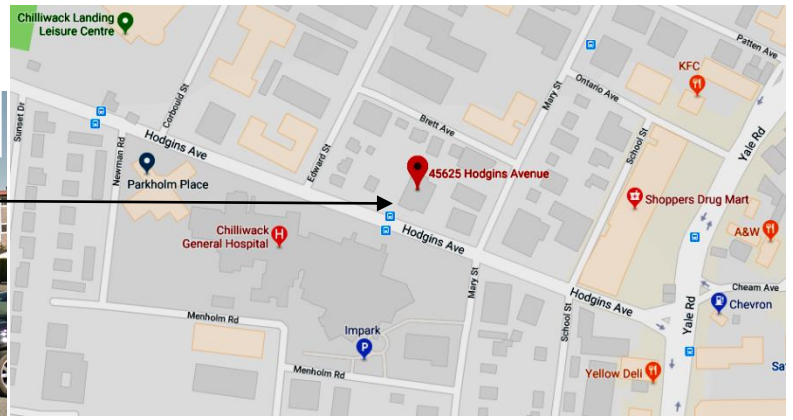


Prohealth Bone Densitometry, Chilliwack

Hodgins Professional Building
Suite 101, 45625 Hodgins Avenue
Chilliwack, BC V2P 1P2
Phone: 1-866-226-6143



Our bone density testing unit is in a two storey medical/dental building on Hodgins Ave between Mary St and Edward St, across the street from the Ambulance Entrance of the Chilliwack General Hospital. It is **not** in the hospital.

Directions for out of town patients:

If you are approaching Chilliwack east bound (approaching from Abbotsford) on Highway No. 1:

- Take Exit 119, the sign reads *Vedder Rd, Yale Rd, City Centre*.
- At the top of the exit ramp turn left following the sign for *Yale Rd, City Centre*.
- Follow Yale Rd driving over the train track overpass.
- Turn left on Hodgins Ave (the first street after the Big O Tire Store; there is a left turn lane. There will be a Chevron Station on your right at the intersection).
- Follow Hodgins past Mary St.
- 45625 Hodgins Professional Building is on your right across from the Chilliwack General Hospital.

If you are approaching Chilliwack west bound (approaching from Hope) on Highway No. 1:

- Take Exit 119, the sign reads *Vedder Rd, Yale Rd, City Centre*.
- Keep right on the exit ramp, the sign for *Yale Rd, City Centre*.
- Follow Yale Rd driving over the train track overpass.
- Turn left on Hodgins Ave (the first street after the Big O Tire Store; there is a left turn lane. There will be a Chevron Station on your right at the intersection).
- Follow Hodgins past Mary St.
- 45625 Hodgins Professional Building is on your right across from the Chilliwack General Hospital.

How do I prepare for the bone density test?

- If you have had a nuclear medicine test involving an injection or a GI/stomach/bowel x-ray involving a barium swallow, delay having the DXA test for 3 weeks.
- Please try and wear the following types of clothing:
 - Try to wear a top with no buttons, zippers or hooks, such as a T-shirt or sweater.
 - If you have a pair of slacks with an elastic waistband, that would be ideal. If not, then please wear loose-fitting slacks.
 - If you are a woman, wear a sports bra with no wires or hooks. If you don't have one, that's OK; our technologist will know what to do.
- If you take calcium tablets, do not take your calcium tablet in the morning on the day of the test.
- If there is any chance you are pregnant, you should not have this test.
- If you are wheelchair-bound, you must be accompanied by someone who can help you transfer out of the chair and onto the testing table.
 - The surface of the testing table is 2.5 feet off the floor.

What if I need to cancel my appointment?

If you need to cancel an appointment, please give us 2 days notice, not doing so, or not showing up for an appointment can result in a \$150 charge.